

Curriculum Vitae: Fotini A. Tzavella

Academic positions

- Assistant Professor of Applied Sociology in the Health Area, Nursing Department, Integrated Health Care Laboratory, School of Human Movement and Quality of Life, University of Peloponnese (September 2017 - present)
- Lecturer in Applied Sociology in the Health Area, Department of Nursing, School of Human Movement and Quality of Life, University of Peloponnese (December 2013 – September 2017)

Academic Degree

- Doctoral Thesis, Medical School, National and Kapodistrian University of Athens
- Graduate of the Department of Sociology of Panteion University
- Graduate of Pharmacy School of Aristotle University of Thessaloniki

Academic experience

- Teaching the courses Health Sociology, Health Psychology, Ethics and Deontology in Health Sciences, Communication Skills, Psychosocial Rehabilitation, Interdisciplinary Health Care in the School of Human Movement and Quality of Life, Department of Nursing, University of Peloponnese
- Scientific Associate in two Postgraduate Studies Programs, Medical School, National and Kapodistrian University of Athens (2011-today)
- Scientific Associate in a Postgraduate Program of Studies, Department of Pharmacy, National and Kapodistrian University of Athens (2000 - present)
- Teaching as DS 407/80, Faculty of Human Movement and Quality of Life, Department of Nursing University of Peloponnese, Greece Health Sciences, Health Psychology, Ethics and Ethics in Health Sciences (2009-2013)
 - Erasmus, Institut des Etudes Politiques, Paris, France (six months) (1992)

Occupational experience

- National Organization for Medicines (EOF). Scientific Secretary of the National Ethics Committee for Clinical Studies (ADD) (until December 2013)

Member of committees and boards of directors

- Member of the Board of Directors of the Greek Department of Amnesty International
- Member of Amnesty International's Policy Committee
- Member of the Council of Europe DGI-CDDH-Bioethics

Books

- Society and Health in the 21st Century. Health, health services and research in a bioethical environment. J. Sideris, Athens, 2019
- Notes of Ignorance, Livani Publishing, Athens, 2014

Chapters in books

- Tzavella A F, Tolis J G. From Hippocrates to George N. Papanicolaou, A medical journey in time. Τμητικός Τόμος Καθηγητού Γιάννη Χρ. Μελέτη, ΕΚΠΑ, 2018
- Alikari V, Tsironi M, Tzavella F, Fradelos E, Lavdaniti M, Zyga S. Non Adherence Factors among Patients Undergoing Hemodialysis. In: Renal Disease and Treatment, pp. 2-23. www.avidscience.com, AvidScience, 2017
- Tzavella Φ, Ziropiannis ΠΝ. Euthanasia as a choice of the end of life. In: Nephrology, ed. P.N.Ziropiannis, A. Pierides, A. Diamantopoulos, 49 (4), 3678-3684, Athens, 2005
- Ziropiannis ΠΝ, Tzavella F. Medical Information and Mass Media. In: Nephrology, ed. P.N.Ziropiannis, A.Peridis, A.Diamantopoulos, 49 (6), 3693-3698, Athens, 2005

Publications in international journals

1. Adamopoulou F, Alikari V, Zyga S, Tsironi M, Tzavella F, Giannakopoulou N, Paraskevi Theofilou P. The Effect of Fatigue and Pain Self- Efficacy on Health-Related Quality of Life Among Patients with Multiple Sclerosis. Mater Sociomed. 2019, 31(1): 40-44
2. Koinis A, Velonakis E, Tzavara C, Tzavella F, Tziaferi S. Psychometric properties of the workplace psychologically violent behaviors-WPVB instrument. Translation and validation in Greek Health Professionals. AIMS Public Health 2019, 6(1): 79–95. DOI: 10.3934/publichealth.2019.1.79 (**PUBMED**)
3. Panagopoulou V, Kalokairinou A, Tzavella F, Tziaferi S. A survey of Greek women's satisfaction of postnatal care. AIMS Public Health 2018, 5(2): 158–172. DOI: 10.3934/publichealth.2018.2.158 (**PUBMED**)

4. Panagopoulou V, Kalokairinou A, Tzavella F, Kolovos P, Tziaferi S. Validation and cultural adaptation of the womb postnatal satisfaction questionnaire for use in Greece. *International Journal of Nursing, Midwife and Health Related Cases* 2018. 4 (5): 27-51
5. Panagopoulou V, Kalokairinou A, Tzavella F, Kolovos P, Tziaferi S. Women's views of postnatal care and evaluation of an intervention of postnatal home visits in Greece. *International Journal of Nursing, Midwife and Health Related Cases* 2018. 4 (3): 20-36
6. Alikari V, Tsironi M, Matziou V, Tzavella F, Stathoulis J, Babatsikou F, Fradelos E, Zyga S. The impact of education on knowledge, adherence and quality of life among patients on haemodialysis. *Quality of Life Research* 2018. <https://doi.org/10.1007/s11136-018-1989-y> **(PUBMED)**
7. Fradelos C E, Kourakos M, Zyga S, Tzavella F, Tsaras K, Christodoulou E, Daglas A, Papathanasiou V I. Measuring Religiosity in Nursing: Reliability, Validity and Psychometric Properties of the Greek Translation of the Centrality of Religiosity Scale -15. *American Journal of Nursing Science, Special Issue: Nursing Education and Research* 2018, 7(3-1):25-32. doi: 10.11648/j.ajns.s.2018070301.14
8. Zyga S, Mitropoulou E, Alikari V, Prezerakos P, Tsironi M, Andriopoulos P, Stathoulis J, Tzavella F, Fradelos E. Primary Mental Health Care in Rural Greece: A Single Center Experience. *American Journal of Nursing Science, Special Issue: Nursing Education and Research* 2018, 7 (3-1): 1-6. doi: 10.11648/j.ajns.s.2018070301.11
9. Alikari V, Tsironi M, Matziou V, Tzavella F, Fradelos E, Zyga S. Reliability and Validity of the Kidney Disease Questionnaire Among Greek Patients Undergoing Hemodialysis. *American Journal of Nursing Science, Special Issue: Nursing Education and Research* 2018, 7 (3-1): 97-102. doi: 10.11648/j.ajns.s.2018070301.24
10. Dreliozzi A, Siskou O, Platis Ch, Tzavella F, Bouchoris P, Galanis P, Kaitelidou D, Moisoglou I, Prezerakos P. Health professionals' views on quality and safety. *Global Journal for Research Analysis* 2018, 7 (5):495-498
11. Fradelos E, Latsou D, Mitsi D, Tsaras K, Lekka D, Lavdaniti M, Tzavella F, Papatnasiou V I. Assessment of the relation between religiosity, mental health, and psychological resilience in breast cancer patients. *Contemp Oncol (Pozn)* 2018, 22 (3): 172–177 DOI: <https://doi.org/10.5114/wo.2018.78947> **(PUBMED)**
12. Tsaras K, Daglas A, Mitsi D, Papathanasiou I, Tzavella F, Zyga S, Fradelos E. A cross-sectional study for the impact of coping strategies on mental health disorders among psychiatric nurses. *Health Psychology Research* 2018, 6:7466, pp 9-15 **(PUBMED)**
13. Stamatopoulou M, Tzavella F, Prezerakos P. Trait emotional Intelligence questionnaire-Adolescent Short Form (TEIQue_ASF): A Psychometric Investigation in Greek Context. *Journal of Psychoeducational Assessment* 2017, DOI: 10.1177/0734282916687706
14. Fradelos CF, Tsaras K, Tzavella F, Koukia E, Papathanasiou IV, Alikari V, Stathoulis J, Tsaloglidou A, Kourakos M, Zyga S. Clinical, social and demographics factors associated with

- spiritual wellbeing in and stage renal disease. *Advances in Experimental Medicine and Biology* 2017, 987:77-88 DOI:10.1007/978-3-319-57379-3_8 **(PUBMED)**
15. Katsa M E., Daratsianou M, Tzavella F. Issues of ethics in geriatric clinical research. *International Journal of Health Research and Innovation* 2016, 4 (2): 33-44
 16. Fradelos E C, Tzavella F, Koukia E, Tsaras K, Papathanasiou I et al. The translation, validation and cultural adaptation of functional assessment of chronic illness therapy – spiritual well – being 12 (facit-sp12) scale in Greek language. *Mater Sociomed* 2016,28 (3): 229-234, <http://doi:10.5455/msm.2016.28.229-234>, <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4949019/> **(PUBMED)**
 17. Basmatzoglou T, Katsa M E, Tzavella F. Issues of ethics in pediatric clinical research. *International Journal of Health Research and Innovation*. *International Journal of Health Research and Innovation* 2016, 4 (1): 59-69
 18. Vgenopoulou I, Adamopoulou V, Tzavella F. Sociological factors that influence access to Primary Health Care (PHC) settings. *International Journal of Occupational Health and Public Health Nursing* 2015, 2 (3): 13-20
 19. Tzavella F, Tolis G. From Hippocrates to George Papanicolaou: A medical journal in time. *Archives of Hellenic Medicine* 2015, 32 (6) : 789-793
 20. Fradelos E, Tzavella F, Koukia E, Papathanassiou I, Alikari V, Stathoulis J, Panoutsopoulos G, Zyga S. Integrating Chronic Kidney Disease (CDK) patients’s spirituality in their care: health benefits and research perspectives. *Mater Sociomed*. 2015, 27 (5):354-358, <http://doi:10.5455/msm.2015.27.354-358>, PMID: 26622206 **(PUBMED)**
 21. Fradelos E, Tzavella F, Koukia E, Zyga S. The effect of spirituality on Quality of Life of Patients with chronic kidney disease and its correlation with the mental health status and cognitive perception for their illness. Study protocol. (OALIB) *Open Access Library Journal* 2015, 2: e1783 <http://dx.doi.org/10.4236/oalib.1101783>
 22. Vgenopoulou I, Katsa M E, Tzavella F. Melatonin levels in Alzheimer Disease. *International Journal of Caring Sciences* 2015, 8 (2): 499-506
 23. Tsolaki E, Tsironi M, Theofanis F, Tzavella F, Lavdaniti M, Zyga S. Employees’ Commitment to the Organization of a Public District Hospital: A Case Study. *International Journal of Caring Sciences* 2013, 6 (2): 258-266
 24. Lytras A, Tzavella F, Tolis G. Ethical Issues and scientific misconceptions in endocrinology research and practice. The role of pharmaceutical industry in the practice of endocrinology. *Human Medicine and Health Care* 2007, 7(2): 1-7 http://www.humanhealthcare.com/Article.asp?art_id=847

Publications in Greek journals

1. Tzavella F. Medicinal drugs, lost in translation. *Archives of Hellenic Medicine* 2018, 35 (5): 680-685
2. Tzavella F. Social sensitivity to health resources. *New Health* 2018, 102: 6
3. Giatra D, Prezerakos P, Sachlas I, Tzavella F. Construction and validation of a citizens' awareness on homelessness scale (KEPA). *Archives of Hellenic Medicine* 2018, 35 (1): 99-105
4. Vgenopoulou I, Prezerakos P, Tzavella F. Narrative palliative care, a method for building empathy. *Archives of Hellenic Medicine* 2017, 34 (3): 411-419
5. Koinis A, Velonakis E, Tzavella F, Tiaferi S. The phenomenon of mobbing in the Greek health sector: A pilot study. *Hellenic Journal of Nursing* 2017, 56 (3): 223-244
6. Koinis A, Velonakis E, Tzavella F, Tiaferis S. The effect of mobbing phenomenon on the quality of life of health professionals. *Vima Asklipiou* 2016, 15 (4): 380-393
7. Adamopoulou B, Basmatzoglou Th, Tzavella F. The role of Primary Health Care (PFI) in the management of anxiety disorders. *Nursing and Research* 2016, 43: 186-195
8. Gritzani I, Tsironi M, Tzavella F, Gouva M, Kolovos P., Gerveki E, Zyga S. Study of post-traumatic stress disorder (PTSD) among inhabitants of Ancient Olympia exposed to 2007 fire. *Interscientific Health Care* 2013, 5 (3): 109- 119
9. Dimou E, Municipality of M, Tzavella F. Pharmaceutical ethics and moral imagination in the modern hellenic society. *Archives of Hellenic Medicine* 2013, 30 (3): 355-361
10. Tzavella F. Rape and pharmaceutical substances, *Archives of Hellenic Medicine* 2010, 27 (5): 841-846
11. Tzavella F. Deontological Problems in Clinical Research: The Informed Consent Document (ICD). *Archives of Hellenic Medicine* 2010, 27 (2): 230-238
12. Ziropiannis PN, Tzavella F, Koutselinis A. Euthanasia: The ethical aspects of the end of life. *Archives of Hellenic Medicine* 1998, 15 (4): 382-389
13. Tzavella F, Poulos L, Koutselinis A. Pharmacy practice in a bioethical frame. *Hippocrates* 1994, 3rd Period, Volume 2: 177-184
14. Colman N, Tzavella F. Ethics as a mechanism of self-control in the promotion of drugs. *Society, Economy and Health* 1992, 1 (3): 35-43