

CURRICULUM VITAE

GEORGIOS I. PANOUTSOPOULOS

BSc (Hons), PhD

Doctor of Philosophy from BRADFORD UNIVERSITY, UK

SPARTA 2013

PERSONAL DETAILS

Surname: Panoutsopoulos
Name: Georgios
Middle Name: Ioannis
Title: Dr
Date of Birth: 9 March 1963
Place of Birth: Tripolis, Greece
Nationality: Greek
Languages: English (proficiency), Greek (mother language), Italian (good)
Computing Skills: MS-DOS, Windows, MS Office (Word, Excel, PowerPoint, Access),
Photoshop, SPSS, Databases, Spreadsheets, Internet.
National Service: November 1997-1999. Served as pharmacist in the Health
Department of the Greek Army (411 General Army Hospital of
Tripolis, Greece).
Home Address: 84 Spartis Street,
Peraias, 185 46,
Greece.
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Marital Status: Married, one child (boy 7 years old)

EDUCATION

1974-1980: Senior High School (15th Lyceum of Athens, Greece). I obtained the Greek Apolytirion.

1981-1983: GCE A' levels in Pure Maths, Chemistry and English language (needed for the entrance into the British Universities) at East Herts College (UK).

1983-1985: BTEC National Certificate in Polymer Science and Technology at North London Polytechnic (UK). Licentiate of the London School of Polymer Technology after recommendation to the Academic Board.

1985-1989: **BSc (Hons) in Biomedical Sciences** (Department of Biomedical Sciences, University of Bradford, UK). Final year option: 'Cellular Pathology'. Final year research project: 'The effect of melatonin in the production and function of white blood cells'.

1989: Permission by the Greek Ministry of Education to teach English language in Greece.

1989-1994: **Doctor of Philosophy (Ph.D)** from School of Pharmacy, Bradford University, UK. PhD thesis title: 'Hepatic oxidation of aromatic aldehydes' and subtitle: 'Interaction of hydroxyl- and methoxy- benzaldehydes and phenylacetaldehydes with guinea pig aldehyde oxidase and bovine milk xanthine oxidase: comparison with guinea pig aldehyde dehydrogenase and liver slices, an integrated system'. Supervisors: Associate Professor Dr J.A. Smith and Assistant Professor Dr C. Beedham.

ACADEMIC POSITIONS

UNIVERSITY UNDERGRADUATE POSITIONS:

1989-1993: **Part-time Demonstrator** of laboratory practical classes in the subjects: pharmaceutical chemistry, and biochemistry (Department of Pharmacy and Department of Biomedical Sciences, Bradford University, UK).

1998-2010: Part-time visiting **Assistant Professor in Human Physiology** (Department of Physiotherapy, ATEI Lamias, Greece). Subjects: Physiology I, Physiology II, and Pathophysiology (during 2000-2001).

1999-2005: **Part-time visiting Lecturer in Human Physiology** (General Department of Basic Medical Subjects, ATEI Athens, Greece). Subjects: Physiology.

2000-2002: **Full-time visiting Assistant Professor in Biochemistry and Chemistry** (Department of Molecular Biology and Genetics, Demokrition University of Thrace, Greece). Subjects: Inorganic Chemistry, Organic Chemistry, Biochemistry I, Biochemistry II and Clinical Biochemistry.

2003-2004: **Full-time visiting Lecturer in Physiology and Toxicology** (Department of Biochemistry and Biotechnology, University of Thessaly, Greece). Subjects: Physiology and Biochemical Toxicology.

2006-2010: Full-time and part-time visiting Lecturer in Human Physiology (Department of Nursing, University of Peloponnese, Sparta, Greece). Subjects: Physiology I, Physiology II, and Pathophysiology (2009-2010).

2010-2013: Full-time Appointment as Lecturer in Human Physiology (Department of Nursing, University of Peloponnese, Sparta, Greece). Subjects: Human Physiology I (compulsory, 1st year students), Human Physiology II (compulsory, 2nd year students), Pathophysiology (compulsory, 2nd year students), Pharmacology (compulsory, 2nd year students), Biophysics (compulsory, 1st year students), Clinical Dietology (elective, 2nd year students), Exercise Physiology (elective, 3rd year students).

2013-today: Full-time Appointment as Assistant Professor in Human Physiology (Department of Nursing, University of Peloponnese, Sparta, Greece). Subjects: Human Physiology I (compulsory, 1st year students), Human Physiology II (compulsory, 2nd year students), Pathophysiology (compulsory, 2nd year students), Pharmacology (compulsory, 2nd year students), Biophysics (compulsory, 1st year students), Clinical Dietology (elective, 2nd year students), Exercise Physiology (elective, 3rd year students).

Supervision of Undergraduate Final Year Projects:

2002-2009: Supervisor in 4 final year projects at the Department of Physiotherapy, Lamia Institute of Higher Education (Greece).

2003-2004: Supervisor in 1 final year project at the Department of Biochemistry and Biotechnology, University of Thessaly (Greece).

2007-2010: Examiner in 10 final year projects at the Department of Physiotherapy, Lamia Institute of Higher Education (Greece).

UNIVERSITY POSTGRADUATE POSITIONS:

1998-today: Postdoctoral Research Scientist in Experimental Pharmacology (Medical School of Athens, University of Athens, Greece). Research topics: ‘The action of toxicological substances and drugs in the liver’, ‘hepatic regeneration’, ‘Effect of serotonin on liver regeneration’.

1999-2000: Practical classes in Pharmacology of the Masters degree program at Medical School, University of Athens, Greece.

2010-today: Participation as a guest speaker as part of the compulsory subject ‘Urgent Health Care’ of the Master’s degree program ‘Health Management and Crisis Management’ (Department of Nursing, University of Peloponnese, Greece).

Supervision in Postgraduate Research Projects:

2010-today: Supervisor of 13 Postgraduate research projects at the Department of Nursing, University of Peloponnese, Greece.

2010-today: Member of the three-member advisory committee for 8 Postgraduate Research projects at the Department of Nursing, University of Peloponnese, Greece.

2010-today: Member of the advisory committee for 1 PhD candidate at the Department of Nursing, University of Peloponnese, Greece.

2013-today: Supervisor of 2 PhD candidates at the Department of Nursing, University of Peloponnese, Greece.

ORGANIZATIONAL AND ADMINISTRATIVE WORK:

1/11/2000: Member of the committee for laboratory equipment of the physiology lab at ATEI Lamias during 2000-2001.

27/10/2005: Member of the committee for the formation of the display stands at ATEI lamias during 2005-2006. Member of the committee for proposals to suitable equipment of the physiology lab at ATEI Lamias.

4/10/2007: Member of the committee for proposals to suitable equipment of the physiology lab at ATEI Lamias.

2/10/2008: Substitute member of the research ethics committee at ATEI Lamias for the academic year 2008-2009.

14/10/2008: Member of the committee for conducting and evaluating the supply of medical equipment and specialized laboratory equipment to meet the needs of the University of Peloponnese during the academic year 2008-2009.

June 2010-today: I am serving or I have served on the following committees:

- 1) Member of the General Assembly at the Department of Nursing, University of Peloponnese.
- 2) Member of the General Assembly of special composition at the Department of Nursing, University of Peloponnese.
- 3) Member of the committee for tendering the mobility of the students to various hospitals during the academic year 2010-2011.
- 4) Coordinator for the compilation of the students' timetable for all semesters during the academic years 2011-2012, 2012-2013, 2013-2014.
- 5) Coordinator for compiling the examinations program during the academic years 2011-2012, 2012-2013, 2013-2014.
- 6) Member of the committee for the classification and entrance exams at the Department of Nursing during the academic years 2010-2011, 2011-2012, 2012-2013, 2013-2014.
- 7) Assessor of the subject 'Biology' for the entrance exams at the Department of Nursing during the academic years 2010-2011, 2011-2012, 2012-2013, 2013-2014.
- 8) Coordinator of the Department of Nursing for the project financed by the European Union 'Infrastructure equipment in Higher Education'.
- 9) Member of the evaluation and interview committee for hiring part-time and full-time visiting lecturers at the Department of Nursing during the academic years 2010-2011, 2011-2012, 2012-2013, 2013-2014.
- 10) Member of the rapporteur committee for the progression of Mr Kontos to the next grade in the position of special technical laboratory staff.
- 11) Coordinator of the Department of Nursing for the institutional committee for monitoring the employment and career structure of the University of Peloponnese since March 2012.

- 12) Substitute member of the committee for the study guide in Nursing at the Department of Nursing during the academic years 2010-2011, 2011-2012, 2012-2013, 2013-2014.
- 13) Scientific coordinator for the students' textbooks at the Department of Nursing during the academic years 2011-2012, 2012-2013, 2013-2014.
- 14) Member of the committee to record fixed and consumable materials at the Department of Nursing.
- 15) Member of the committee for checking and supervising the cleanliness at the Department of Nursing.
- 16) Member of the committee for conducting and evaluating the tenders at the Department of Nursing.
- 17) Substitute member of the committee for receiving products and offers at the Department of Nursing.
- 18) Substitute member of the committee for monitoring the feeding of the students at the restaurant of the Department of Nursing.
- 19) Substitute member of the committee for withdrawal and destruction of materials at the Department of Nursing.
- 20) Substitute member of the committee for evaluation and offers (supplies and services) at the Department of Nursing.
- 21) Substitute member of the committee for the receipt of supplies and good performance of services at the Department of Nursing.
- 22) Member of the committee for the smooth running of the canteen at the Department of Nursing.
- 23) Elected board member of the University Professors Association since 2011.
- 24) Member of the Coordinating Committee of the MSc 'Management of Health Services and Crisis Management in the Department of Nursing, University of Peloponnese since 2013.
- 25) Member of the Evaluation Committee of applications for the project 'Technical Support Management-General Duties' under the postgraduate study program 'Management of Health Services and Crisis Management' (BC 0118) from the 72nd Meeting of the Research Committee from 2013.
- 26) Member of the Performance and Assessment Committee of the No. B1402/09-10-2013 Open Regular Tender entitled 'Conducting promotional events – Community awareness' (Subproject 2) entitled: "Education and repeats certification in basic CPR and information- Sensitization of the population"
- 27) Member of the Internal Assessment Committee for the Department of Nursing, University of Peloponnese since 2013.
- 28) Member of the Library Committee of the University of Peloponnese since 2013 after invitation by the Vice Chancellor.

SCIENTIFIC SOCIETIES:

- 1) Member of the Greek Physiological Society. Elected board member for the period 2011-2013 and substitute board member for the period 2013-2015.

- 2) Member of the Greek Pharmacological Society. Elected substitute board member for the period 2005-2007. Elected member of the audit committee for the periods 2001-2003 and 2009-2011.
- 3) Member of the Greek Biochemical and Molecular Biology Society.
- 4) Member of the Greek Biomedical Research and Laboratory Animal Society.
- 5) Member of the American College of Toxicology.

MEMBER OF THE EDITORIAL BOARD IN INTERNATIONAL SCIENTIFIC JOURNALS:

From January 2006-today, I am member of the Editorial Board of the American Journal: 'International Journal of Toxicology'.

REVIEWER IN INTERNATIONAL SCIENTIFIC JOURNALS:

I have conducted over 40 reviews for 13 Scientific Journals:

- 1) Chemical Research in Toxicology (Impact Factor 2012= 3.779),
- 2) International Journal of Toxicology (Impact Factor 2012= 1.282),
- 3) Liver International (Impact Factor 2012= 3.824),
- 4) Environmental Toxicology and Pharmacology (Impact Factor 2012= 1.469),
- 5) Journal of Biochemical and Biophysical Methods (Impact Factor 2012= 1.808),
- 6) Journal of Pharmacy and Pharmacology, (Impact Factor 2012= 1.175),
- 7) Life Sciences (Impact Factor 2012= 2.527)
- 8) Turkish Journal of Zoology (Impact Factor 2012= 0.591),
- 9) Expert Opinion on Drug Metabolism and Toxicology (Impact Factor 2012= 3.119)
- 10) Food and Chemical Toxicology (Impact Factor 2012= 2.999)
- 11) Journal of Pharmaceutical and Biomedical Analysis (Impact Factor 2012= 2.967)
- 12) Neurotoxicity Research (Impact Factor 2012= 3.514)
- 13) Bioprocess and Biosystems Engineering (Impact Factor 2012= 1.809)

ACADEMIC AND SCIENTIFIC DISTINCTIONS:

- 1) Academic recommendation from the council of North London Polytechnic with the award 'Licentiatehip of the London School of Polymer Technology, L.L.S.P.T'.
- 2) Scholarship from the scientific committee of the conference for presenting the research work: 'Structure activity relationship studies on interaction of substituted benzaldehydes with molybdenum hydroxylases' St. Andrews, Scotland, June 1992.
- 3) Praise from the Greek Diabetes Society and the 12th Greek Diabetes Conference (5th rated) for the research work: 'The soluble ST2 is significantly increased in type-2 diabetics, especially in those with left ventricular dysfunction', 20 March 2011, Athens.

4) Second prize for the best research work from Medical Athens Society and 37th Annual Greek Medical Conference for the research work ‘The role of soluble ST2 in type-2 diabetics with normal function of left ventricle’, 21 March 2011, Athens.

5) Fourth prize from the Greek Diabetes Society and the 13th Greek Diabetes Conference for the research work: ‘Control resolution and calibration of machines for cardiovascular risk assessment in Greek diabetic population’, 27-31 March 2013, Athens Hilton Hotel, Athens.

6) Third prize of Oral Presentation from the Organizing and Scientific Committee in the 6th Panhellenic Conference of Cardiometabolic Risk Factors for the research work:

Routsis K, Koutsovitis P, Zyga S, Kolovos P, Ioannides A, Panoutsopoulos G, Tsironi M, Kougioumtzi-Dimoliani DE, Pistikou AM, Maggana M, Rohas-Hil AP. ‘Investigation of the effect of nutritional and environmental factors on the occurrence of childhood obesity’, 27-29 June 2013, Hotel Elite City Resort, Kalamata, Greece.

7) Prize from the Organizing Committee in the 11th Multithematic Medical Congress of Lakonia for the research work:

Aroni A, Tsironi M, **Panoutsopoulos G**, Theofilou P, Rohas-Hil AP, Menemtsiadi D, Presvelos D, Zyga S. Self-assessment of pain and self-assessment of pain and association with quality of life in patients with CKD on dialysis. 11th Multithematic Medical Congress of Lakonia, Sparta 29-30 November 2013.

INTERNATIONAL PUBLICATIONS WITH IMPACT FACTOR

- 1) Mason C, Padwick DJ, **Panoutsopoulos GI**, Pearson D, Smith JA. (1991) Effects of melatonin on the release and production of blood leukocytes after administration of a novel taurine based nitrosourea cytotoxic agent. *Acta Oncologica* **30** (6), 765-767. (Impact Factor 2012= 2.867)
- 2) Beedham C., Peet C.F., **Panoutsopoulos G.I.**, Carter H., Smith J.A. (1995) Role of aldehyde oxidase in biogenic amine metabolism. *Progress Brain Research* **106**, 345-353. (Impact Factor 2012= 3.04)
- 3) Tzirogiannis KN, **Panoutsopoulos GI**, Demonakou MD, Hereti RI, Alexandropoulou KN, Basayannis AC, Mykoniatis MG. (2003) Time-course of cadmium-induced acute hepatotoxicity in the rat liver: The role of apoptosis. *Archives of Toxicology* **77** (12), 694-701 (Impact Factor 2012= 5.215)
- 4) Tzirogiannis KN, **Panoutsopoulos GI**, Demonakou MD, Hereti RI, Kourentzi KT, Alexandropoulou KN, Mykoniatis MG. (2004) Effect of Hepatic Stimulator Substance (HSS) on cadmium-induced acute hepatotoxicity in the rat liver. *Digestive Diseases and Sciences* **49** (6), 1019-1028. (Impact Factor 2012= 2.26)

- 5) Tzirogiannis KN, **Panoutsopoulos GI** ✉, Demonakou MD, Hereti RI, Papadimas G, Alexandropoulou KN, Mykoniatis MG. (2004) The hepatoprotective effect of putrescine against cadmium-induced acute liver injury. *Archives of Toxicology* **78** (6), 321-329. (Impact Factor 2012= 5.215)
- 6) **Panoutsopoulos GI** ✉, Kouretas D, Gounaris EG, Beedham C. (2004) Metabolism of 2-phenylethylamine by precision-cut guinea pig liver slices. *European Journal of Drug Metabolism and Pharmacokinetics* **29** (2), 111-118 (Impact Factor 2012= 0.944)
- 7) **Panoutsopoulos GI** ✉, Beedham C. (2004) Kinetics and specificity of guinea pig liver aldehyde oxidase and bovine milk xanthine oxidase towards substituted benzaldehydes *Acta Biochimica Polonica* **51** (3), 649-663. (Impact Factor 2012= 1.185)
- 8) **Panoutsopoulos GI** ✉, Kouretas D, Beedham C. (2004) Contribution of aldehyde oxidase, xanthine oxidase and aldehyde dehydrogenase on the oxidation of aromatic aldehydes. *Chemical Research in Toxicology*, **17** (10), 1368-1376. (Impact Factor 2012= 3.667)
- 9) **Panoutsopoulos GI** ✉, Beedham C. (2004) Enzymatic oxidation of phthalazine with guinea pig liver aldehyde oxidase and liver slices: Inhibition by isovanillin. *Acta Biochimica Polonica*, **51** (4), 943-951. (Impact Factor 2012= 1.185)
- 10) Kondili VG, Tzirogiannis KN, Androutsos CD, Papadimas GK, Demonakou MD, Hereti RI, Manta GA, Kourentzi KT, Triantaphyllou MI, **Panoutsopoulos GI** ✉ (2005) The hepatoprotective effect of Hepatic Stimulator Substance (HSS) against liver regeneration arrest induced by acute ethanol intoxication. *Digestive Diseases and Sciences* **50**, 297-307. (Impact Factor 2012= 2.26)
- 11) **Panoutsopoulos GI** ✉, Kouretas D, Gounaris EG, Beedham C. (2004) Enzymatic oxidation of 2-phenylethylamine (2-PEA) to phenylacetic acid and 2-phenylethanol with special reference to the metabolism of its intermediate phenylacetaldehyde. *Basic & Clinical Pharmacology & Toxicology* **95** (6), 273-279. (Impact Factor 2012= 2.124)
- 12) **Panoutsopoulos GI** ✉, Beedham C. (2005) Enzymatic oxidation of vanillin, isovanillin and protocatechuic aldehyde with freshly prepared guinea pig liver slices. *Cellular Physiology and Biochemistry* **15**, 89-98. (Impact Factor 2012= 3.415)
- 13) **Panoutsopoulos GI** ✉. (2004) Metabolism of 2-phenylethylamine to phenylacetic acid, via phenylacetaldehyde, by freshly prepared and cryopreserved guinea pig liver slices. *In Vivo*, **18**, 779-786. (Impact Factor 2012= 1.219)

- 14) **Panoutsopoulos GI** ✉, Beedham C. (2005) Metabolism of isovanillin by aldehyde oxidase, xanthine oxidase, aldehyde dehydrogenase and liver slices. *Pharmacology*, **73** (4), 199-208. (Impact Factor 2012= 1.788)
- 15) **Panoutsopoulos GI** ✉. (2005) Metabolism of homovanillamine to homovanillic acid in guinea pig liver slices. *Cellular Physiology and Biochemistry* **15**, 225-232. (Impact Factor 2012= 3.515)
- 16) **Panoutsopoulos GI** ✉. (2005) Metabolism of 2-phenylacetaldehyde to phenylacetic acid by freshly prepared and cryopreserved guinea pig liver slices. *International Journal of Toxicology* **24**, 103-109. (Impact Factor 2012= 1.346)
- 17) Tzirogiannis KN, Papadimas GK, Kourenzi KT, Kondyli VG, Androutsos CD, Hereti RI, Triantaphyllou MI, **Panoutsopoulos GI** ✉. (2005) The role of hepatic stimulator substance (HSS) on liver regeneration arrest induced by cadmium. *In Vivo*, **19** (4), 695-704. (Impact Factor 2012= 1.219)
- 18) Tzirogiannis KN, **Panoutsopoulos GI** ✉, Papadimas GK, Demonakou MD, Kourenzi KT, Kondyli VG, Hereti RI, Mykoniatis MG. (2005) The effect of Hepatic Stimulator Substance (HSS) on liver regeneration arrest induced by 5-HT₂ receptor blockade. *In Vivo*, **19** (5), 841-847. (Impact Factor 2012= 1.219)
- 19) **Panoutsopoulos GI** ✉. (2005) Contribution of aldehyde oxidizing enzymes on the metabolism of 3,4-dimethoxy-2-phenylethylamine to 3,4-dimethoxyphenylacetic acid, via the intermediate 3,4-dimethoxyphenylacetaldehyde guinea pig liver slices. *Cellular Physiology and Biochemistry*, **17**, 47-56. (Impact Factor 2012= 3.415)
- 20) Papadimas GK, Tzirogiannis KN, **Panoutsopoulos GI**, Demonakou MD, Skaltsas SD, Hereti RI, Papadopoulou-Daifoti Z, Mykoniatis MG. (2006) The effect of serotonin receptor 2 on liver regeneration after partial hepatectomy in the rat liver. *Liver International*, **26**, 352-361. (Impact Factor 2012= 3.87)
- 21) Veskoukis AS, Kouretas D, **Panoutsopoulos GI** ✉. (2006) Substrate specificity of guinea pig liver aldehyde oxidase and bovine milk xanthine oxidase for methyl- and nitrobenzaldehydes. *European Journal of Drug Metabolism and Pharmacokinetics*, **31**, 11-16. (Impact Factor 2012= 0.944)
- 22) Tzirogiannis KN, Papadimas GK, Kondyli VG, Kourenzi KT, Demonakou MD, Kyriakou LG, Mykoniatis MG, Hereti RI, **Panoutsopoulos GI** ✉. (2006) Peliosis hepatis: microscopic and macroscopic type, time pattern and correlation with liver cell apoptosis in

a model of toxic liver injury. *Digestive Diseases and Sciences*. **51** (11), 1998-2006. (Impact Factor 2012= 2.26)

- 23) Tzirogiannis KN, Demonakou MD, Papadimas GK, Skaltsas SD, Manta GA, Kourenzi KT, Alexandropoulou KN, Hereti RI, Mykoniatis MG, **Panoutsopoulos GI** ✉. (2007) Effect of 5-HT₂ receptor blockade on cadmium-induced acute toxicity. *Digestive Diseases and Sciences*, **52** (9), 2351-2358. (Impact Factor 2012= 2.26)
- 24) Pavlidis C*, **Panoutsopoulos GI***, Tiniakos D, Koutsounas S, Vlachogiannakos J, Zouboulis-Vafiadis I. (2011) Serum leptin and ghrelin in chronic hepatitis C patients with steatosis. *World Journal of Gastroenterology*. **17** (46), 5097-5104. (Impact Factor 2012= 2.547)
- *Pavlidis C και Panoutsopoulos GI had the same contribution in the paper.
- 25) Fousteris E, Melidonis A, **Panoutsopoulos G**, Tzirogiannis K, Foussas S, Theodosis-Georgilas A, Tzerefos S, Matsagos S, Boutati E, Economopoulos T, Dimitriadis G, Raptis S. (2011) Toll/interleukin-1 receptor member ST2 exhibits higher soluble levels in type 2 diabetes, especially when accompanied with left ventricular diastolic dysfunction. *Cardiovascular Diabetology*. 10:101 (pages 1-7). (Impact Factor 2012= 4.21)
- 26) Papadimas GK, Tzirogiannis KN, Mykoniatis MG, Grypioti AD, Manta GA, **Panoutsopoulos GI**. (2012) The emerging role of serotonin in liver regeneration. *Swiss Medical Weekly*. 142:w13548 (pages 1-6), review. (Impact Factor 2012= 1.821)
- 27) Kamaratos AV, Tzirogiannis KN, Iraklianiou SA, **Panoutsopoulos GI** ✉, Kanellos IE, Melidonis AI. (2012) Manuka honey-impregnated dressings in the treatment of neuropathic diabetic foot ulcers. *International Wound Journal*. Pages 1-7. (Impact Factor 2012= 1.6)
- 28) Protopsaltis I, Foussas S, Angelidi A, Gritzapis A, Sergentannis TN, Mastagos S, Tzirogiannis K, **Panoutsopoulos GI**, Dimitriadis G, Raptis S, Melidonis A. (2012) Impact of ADMA, endothelial cardiovascular risk factors on pulse wave velocity among prediabetic individuals. *Cardiovascular Diabetology*. 11: 141. (Impact Factor 2012= 4.21)
- 29) Kyriakou LG, Tzirogiannis KN, Demonakou MD, Kourentzi KT, Mykoniatis MG, **Panoutsopoulos GI** ✉. (2013) Gadolinium chloride pretreatment ameliorates acute cadmium-induced hepatotoxicity. *Toxicology and Industrial Health*. 29(7): 624-632. (Impact Factor 2012= 1.555)
- 30) Dragoumanos V, Tzirogiannis KN, **Panoutsopoulos GI** ✉, Krikonis K, Fousteris E, Vourvou M, Elesnitsalis G, Melas N, Kourentzi KT, Melidonis A. (2013) Evaluation of

IScore validity in a Greek cohort of patients with type-2 diabetes. *BMC Neurology*. 13(1):121. (Impact Factor 2012= 2.564)

- 31) P. Matsota, M. Angelidi, A. Pandazi, K. Tzirogiannis, **G.I. Panoutsopoulos**, G. Kostopanagiotou. (2013) Ondansetron - droperidol combination vs ondansetron or droperidol monotherapy in the prevention of postoperative nausea and vomiting. *Archives of Medical Science*. Accepted for publication. (Impact Factor 2012= 1,214)

Total Impact Factor of the Journals 2012= 75.725

Order of the author

1st Author	12 Publications
2nd Author	4 Publications
3rd Author	5 Publications
4th Author	1 Publication
Last Author	7 Publications
Corresponding Author, ☒	21 Publications

GREEK PUBLICATIONS IN SCIENTIFIC JOURNALS:

- 1) Tzirogiannis KN, Demonakou MD, Papadimas G, Skaltsas S, Manta G, Kourentzi K, Alexandropoulou KN, Hereti R, Mykoniatis M, **Panoutsopoulos GI**. (2010) The effect of blocking the 5-HT₂ receptor in the induced acute cadmium hepatotoxicity. *Scientific Chronicles* **15** (3): 150-154.
- 2) Fousteris E, Melidonis A, **Panoutsopoulos G**, Geogilas A, Tzerefos S, Hantanis S, Matsaggos S, Spyropoulou P, Boutati E, Dimitriadis G, Raptis S. (2011) Patients with type 2 diabetes have higher reporting levels of soluble ST₂, especially when left ventricular diastolic dysfunction is present. *Scientific Chronicles* **16** (3): 142-145.

ABSTRACTS IN INTERNATIONAL CONFERENCES:

- 1) C.Mason, D.Padwick, **G.I.Panoutsopoulos**, & J.A.Smith (Effects of Melatonin on the release and production of blood leukocytes), *16th International Congress of Chemotherapy*, Jerusalem, Israel, June 11-16th, 1989, Abstract 241.
- 2) **G.I.Panoutsopoulos**, J.A.Smith, & C.Beedham (Oxidation of biogenic aldehydes by hepatic aldehyde oxidase), *UK Drug Metabolism Group Meeting*, University of Nottingham, April 1991, Abstract 3.
- 3) **G.I.Panoutsopoulos**, C.Beedham, & J.A.Smith (Structure activity relationship studies on the interaction of substituted benzaldehydes with molybdenum hydroxylases), *Drug Metabolism Discussion Group Open Meeting*, St.Andrews (Scotland), June 1992.

- 4) C.Beedham, **G.I.Panoutsopoulos**, & J.A.Smith (Molybdenum Hydroxylase catalysed oxidation of aromatic aldehydes), *Thirteenth European Workshop on Drug Metabolism*, Bergamo, Italy, September 1992.
- 5) C.F. Peet, **G.I. Panoutsopoulos**, J.A. Smith, & C. Beedham (Oxidation of amine-derived aldehydes in guinea pig liver), *Fifth European ISSX Meeting*, Tours, France, 1993.
- 6) C.Beedham, C.F.Peet, **G.I.Panoutsopoulos**, & J.A.Smith (Role of aldehyde oxidase in biogenic amine metabolism), *6th Amine oxidase workshop*, Saskatton, Canada, August 1994.
- 7) Tzirogiannis K.N., **Panoutsopoulos G.I.**, Demonakou M.D., Basagiannis A.Ch., Hereti R.I., Alexandropoulou A.N., Papadimas G.K., Kourenzi K.T., Mykoniatis M.G. (2002) The hepatoprotective role of augmenter of liver regeneration (ALR) against cadmium-induced acute liver injury. XIVth World Congress of Pharmacology, San Francisco, USA, July 2002. *Pharmacologist* **44** (Suppl. 1), page A181, Abst 103.7.
- 8) Tzirogianis KN, **Panoutsopoulos G.I.**, Kondili VG, Demonakou MD, Papadimas GK, Hereti RI, Papadopoulos L, Papakostas K, Alexandropoulou KN, Mykoniatis MG. (2002) Time course of cadmium-induced acute hepatotoxicity in the rat liver: The role of apoptosis. EUROTOX 2002, 40th Congress of the European Societies of Toxicology, Budapest, Hungary, September 2002. *Toxicology Letters* **135** (Suppl. 1), page S172-173, Abst 347.
- 9) **Panoutsopoulos GI**, Tzirogiannis KN, Demonakou MD, Papadopoulos AI, Hereti RI, Kondili VG, Papadimas GK, Kourenzi KT, Euliati LA. (2003) Hepatic stimulator substance protects against acute cadmium-induced liver injury. EUROTOX 2003, 41st Congress of the European Societies of Toxicology, Florence, Italy, September 2003. *Toxicology Letters* **144** (Suppl. 1), page S101, Abst 372.
- 10) Tzirogiannis KN, **Panoutsopoulos GI**, Demonakou MD, Vlachos CC, Basayannis AC, Hereti RI, Alexandropoulou KN, Papadopoulos AI. (2003) The role of purtescine in acute cadmium hepatotoxicity. EUROTOX 2003, 41st Congress of the European Societies of Toxicology, Florence, Italy, September 2003. *Toxicology Letters* **144** (Suppl. 1), page S101, Abst 373.
- 11) Tzirogiannis KN, Papadimas GK, **Panoutsopoulos GI**, Demonakou MD, Skaltsas SD, Hereti RI, Grypioti AD, Basayannis AC, Manta GA, Mykoniatis MG. (2004) Effect of serotonin receptor blockage on liver regeneration after 60-70% partial hepatectomy. 10th International Congress of Toxicology, ICTX Congress, Tampere, Finland, July 2004. *Toxicology and Applied Pharmacology* **197** (3), page 303, Abst 670.
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- 21) Hrona M, **Panoutsopoulos G**, Prezerakos P, Kougioumtzi-Dimoliani DE, Maggana M, Pistikou AM, Zyga S, Tsironi M, Rohas-Hil P. The influence of the family on adolescent obesity. 40th Panhellenic Nursing Conference ESNE, 14-16 May 2013, Athens, Abst EA18.
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- 23) Kamaratos A, **Panoutsopoulos G**, Tzirogiannis K, Fakatseli K, Meletiadiou M, Bakalis I, Alexandropoulou P, Haramis A, Iraklianiou S, Melidonis A. 'The effect of insulin infusion pumps in glycemic control and other metabolic parameters per physical group of patients with type 1 diabetes', 27-31 March 2013, Athens Hilton Hotel, Athens.
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- 27) Grouni E, Tsironi M, Prezerakos P, Rohas-Hil AP, **Panoutsopoulos G**, Zyga S. Correlation presence of endogenous causative or aggravating factors for the occurrence of pressure ulcers in patients of multidisciplinary ICU. 11th Multithematic Medical Congress of Lakonia, Sparta 29-30 November 2013.

- 28) Aroni A, Tsironi M, **Panoutsopoulos G**, Theofilou P, Rohas-Hil AP, Menemtsiadi D, Presvelos D, Zyga S. Self-assessment of pain and self-assessment of pain and association with quality of life in patients with CKD on dialysis. 11th Multithematic Medical Congress of Lakonia, Sparta 29-30 November 2013.

SPEAKER IN GREEK CONFERENCES:

- 1) **Georgios Panoutsopoulos**. Invited Speaker with title: ‘The Physiology of Pain’ at the round table «The pain and how to deal with it», 9th Polythematic Medical Congress of Lakonia, 27-29 May 2011, Itilo, Mani Lakonias, Greece.
- 2) **Georgios Panoutsopoulos**. Invited Speaker with title: ‘Dietary treatment of childhood obesity’ in the Symposium «Prevention of childhood obesity and type II diabetes», 21 March 2012, University of Peloponnese, Sparta, Greece.
- 3) **Georgios Panoutsopoulos**. Presentation of the Department of Nursing at the Symposium «Studying Nursing at the University of Peloponnese» organized by the Committee for Employment and Career Structure of the University of Peloponnese, 25 April 2012, University of Peloponnese, Tripoli, Greece.
- 4) **Georgios Panoutsopoulos**. Invited Speaker with title: “Physiology education in Nursing Departments” at the 2nd Meeting of the Physiology Laboratories, 1-2 March 2013, Thessaloniki.
- 5) **Georgios Panoutsopoulos**. Invited Speaker with title: ‘Methodology research and training program’ at the round table « Education and prevention program in childhood obesity and type-2 diabetes mellitus», 40th Panhellenic Nursing Conference ESNE, 14-16 May 2013, Athens.
- 6) **Georgios Panoutsopoulos**. Invited Speaker with title: ‘Drugs that are used for the relief of post-operative pain’ at the round table «Enaluation and treatment of post-operative pain», 24th Panhellenic Conference of Post-Operative Nursing (SYDNOX), AKS Porto Heli Conference Center, 10-13 October 2013, Porto Heli.

COMMITTEE MEMBER IN CONFERENCES:

- 1) Member of the committee for judging the submitted abstracts in the 10th Multi-thematic Medical Congress of Lakonia, 29-30 June 2012, Sparta, Greece.

CITATIONS:

The citations were found from ISI web of Science, Scopus and Google Scholar.

Total Number of Citations = 310

Self Citations = 90

Total Number of Citations and Self-citations = 400