

CURRICULUM VITAE

GEORGIOS I. PANOUTSOPOULOS

BSc (Hons), PhD

Doctor of Philosophy from BRADFORD UNIVERSITY, UK

SPARTA 2019

PERSONAL DETAILS

Surname: Panoutsopoulos
Name: Georgios
Middle Name: Ioannis
Title: Dr
Date of Birth: 9 March 1963
Place of Birth: Tripolis, Greece
Nationality: Greek
Languages: English (proficiency), Greek (mother tongue), Italian (good)
Present Position: Full time faculty member **as Associate Professor in Human Physiology** (Department of Nursing, University of Peloponnese, Sparta, Greece).
Computing Skills: MS-DOS, Windows, MS Office (Word, Excel, PowerPoint, Access), Photoshop, SPSS, Databases, Spreadsheets, Internet.
National Service: November 1997-1999. Served as pharmacist in the Health Department of the Greek Army (411 General Army Hospital of Tripolis, Greece).
Home Address: 84 Spartis Street, Peraias, 185 46, Greece.
Address in Sparta: Thermopylon 94, Sparta 23100, Greece.

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Marital Status: Married, one child (boy 12 years old)

EDUCATION

1974-1980: Senior High School (15th Lyceum of Athens, Greece). I obtained the Greek Apolytirion.

1981-1983: GCE A' levels in Pure Maths, Chemistry and English language (needed for the entrance into the British Universities) at East Herts College (UK).

1983-1985: BTEC National Certificate in Polymer Science and Technology at North London Polytechnic (UK). Licentiate of the London School of Polymer Technology after recommendation to the Academic Board.

1985-1989: **BSc (Hons) in Biomedical Sciences** (Department of Biomedical Sciences, University of Bradford, UK). Final year option: 'Cellular Pathology'. Final year research project: 'The effect of melatonin in the production and function of white blood cells'.

1989: Permission by the Greek Ministry of Education to teach English language in Greece.

1989-1994: **Doctor of Philosophy (Ph.D)** from School of Pharmacy, Bradford University, UK. PhD thesis title: 'Hepatic oxidation of aromatic aldehydes' and subtitle: 'Interaction of hydroxyl- and methoxy- benzaldehydes and phenylacetaldehydes with guinea pig aldehyde oxidase and bovine milk xanthine oxidase: comparison with guinea pig aldehyde dehydrogenase and liver slices, an integrated system'. Supervisors: Associate Professor Dr J.A. Smith and Assistant Professor Dr C. Beedham.

ACADEMIC POSITIONS

UNIVERSITY UNDERGRADUATE POSITIONS:

1989-1993: **Part-time Demonstrator** of laboratory practical classes in the subjects: pharmaceutical chemistry, and biochemistry (Department of Pharmacy and Department of Biomedical Sciences, Bradford University, UK).

1998-2010: Part-time visiting **Assistant Professor in Human Physiology** (Department of Physiotherapy, ATEI Lamias, Greece). Subjects: Physiology I, Physiology II, and Pathophysiology (during 2000-2001).

1999-2005: **Part-time visiting Lecturer in Human Physiology** (General Department of Basic Medical Subjects, ATEI Athens, Greece). Subjects: Physiology.

2000-2002: **Full-time visiting Assistant Professor in Biochemistry and Chemistry** (Department of Molecular Biology and Genetics, Demokrition University of Thrace, Greece). Subjects: Inorganic Chemistry, Organic Chemistry, Biochemistry I, Biochemistry II and Clinical Biochemistry.

2003-2004: **Full-time visiting Lecturer in Physiology and Toxicology** (Department of Biochemistry and Biotechnology, University of Thessaly, Greece). Subjects: Physiology and Biochemical Toxicology.

2006-2010: Full-time and part-time visiting Lecturer in Human Physiology (Department of Nursing, University of Peloponnese, Sparta, Greece). Subjects: Physiology I, Physiology II, and Pathophysiology (2009-2010).

2010-2013: Full-time Appointment as Lecturer in Human Physiology (Department of Nursing, University of Peloponnese, Sparta, Greece). Subjects: Human Physiology I (compulsory, 1st year students), Human Physiology II (compulsory, 2nd year students), Pathophysiology (compulsory, 2nd year students), Pharmacology (compulsory, 2nd year students), Biophysics (compulsory, 1st year students), Clinical Dietology (elective, 2nd year students), Exercise Physiology (elective, 3rd year students).

2013-2018: Full-time Faculty member as Assistant Professor in Human Physiology (Department of Nursing, University of Peloponnese, Sparta, Greece). Subjects: Human Physiology I (compulsory, 2006-2007 (συνδιδασκαλία), 2007-2008 (συνδιδασκαλία), 2008-2009 (συνδιδασκαλία), 2009-2010, 2010-2011, 2011-2012, 2012-2013, 2013-2014, 2014-2015, 2015-2016), Human Physiology II (compulsory), Pathophysiology (compulsory, 2009-2010, 2010-2011, 2011-2012, 2012-2013, 2013-2014, 2014-2015), Pharmacology I (compulsory, 2010-2011, 2011-2012, 2012-2013, 2013-2014, 2014-2015 και 2015-2016 (Φαρμακολογία I και II)), Pharmacology II (compulsory) Biophysics (compulsory, 2011-2012, 2012-2013, 2013-2014, 2014-2015 (επιλογής), 2015-2016 (επιλογής)), Clinical Dietology (elective, 2010-2011, 2011-2012, 2012-2013, 2013-2014), Exercise Physiology (elective, 2011-2012, 2012-2013), Αγγλικά (αυτόνομη διδασκαλία και υπεύθυνος μαθήματος, 2014-2015, 2015-2016), Αγγλικά II (αυτόνομη διδασκαλία και υπεύθυνος μαθήματος, 2014-2015).

2018-today: Full-time Faculty member as Associate Professor in Human Physiology (Department of Nursing, University of Peloponnese, Sparta, Greece). Subjects: Human Physiology I, Physiology II, Pharmacology, Biophysics, English for Health Sciences, Anatomy

Supervision of Undergraduate Final Year Projects:

2002-2009: Supervisor in 4 final year projects at the Department of Physiotherapy, Lamia Institute of Higher Education (Greece).

2003-2004: Supervisor in 1 final year project at the Department of Biochemistry and Biotechnology, University of Thessaly (Greece).

2007-2010: Examiner in 10 final year projects at the Department of Physiotherapy, Lamia Institute of Higher Education (Greece).

UNIVERSITY POSTGRADUATE POSITIONS:

1999-2000: Practical classes in Pharmacology of the Masters degree program at Medical School, University of Athens, Greece.

2010-2015: Participation as a guest speaker as part of the compulsory subject ‘Urgent Health Care’ of the Master’s degree program ‘Health Management and Crisis Management’ (Department of Nursing, University of Peloponnese, Greece).

2013-2014: Participation as a guest speaker as part of the compulsory subject ‘Safety and Health at work’ of the Master’s degree program ‘«Sports Management» of the Department of Sports Management at University of Peloponnese Παρουσίαση διαλέξεων διάρκειας 5 ωρών για το ακαδημαϊκό έτος 2013-2014.

2015-2016: Teaching and course leader in the compulsory subject of ‘Pharmacology’ of the master’s Degree “Trauma and Ulcer: Thrapy – Care” at the Department of Nursing of the University of West Attica. Presentation of lectures lasting 26 hours during the semester (2 hours weekly) during the academic years 2015-2016, 2016-2017, 2017-2018.

2018-2019: Teaching the compulsory subject ‘Physiology’ of the master’s degree ‘Management of Aging and Chronic Diseases’ at the Open University of Greece during fall semester and spring semester 2017-2018.

Supervision in Postgraduate Research Projects:

2010-today: Supervisor of 19 Postgraduate research projects at the Department of Nursing, University of Peloponnese, Greece. All have graduated.

2010-today: Member of the three-member advisory committee for 28 Postgraduate Research projects at the Department of Nursing, University of Peloponnese, Greece.

2010-today: Member of the advisory committee for 4 PhD candidate at the Department of Nursing, University of Peloponnese, Greece.

2013-today: Supervisor of 10 PhD candidates at the Department of Nursing, University of Peloponnese, Greece. 5 candidates have finished.

2015-today: Member of the seven-member examining committee for 5 PhD thesis at the Department of Nursing and the Department of Sports Management, University of Peloponnese, Greece.

SCIENTIFIC SOCIETIES:

1) Member of the Greek Physiological Society. Elected board member for the period 2011-2013 and substitute board member for the period 2013-2015.

2) Member of the Greek Pharmacological Society. Elected substitute board member for the period 2005-2007. Elected member of the audit committee for the periods 2001-2003 and 2009-2011.

5) Member of the American College of Toxicology.

MEMBER OF THE EDITORIAL BOARD IN INTERNATIONAL SCIENTIFIC JOURNALS:

2006-2013: I was member of the Editorial Board of the International Journal: ‘**International Journal of Toxicology**’.

2014-today: I am member of the Editorial Board of the International journal: **International Journal of Nursing and Clinical Practices**.

2014-today: I am member of the Editorial Board of the International journal **Neurological Research and Therapy**.

2015-today: I am member of the Editorial Board of the Greek journal **Health and Research Journal**.

2016-today: I am member of the Editorial Board of the International journal **Iore Journal of Gastroenterology**.

2016-today: I am member of the Editorial Board of the Greek journal **Pelopas**.

REVIEWER IN INTERNATIONAL SCIENTIFIC JOURNALS:

I have conducted over 40 reviews for 13 Scientific Journals:

- 1) Chemical Research in Toxicology (Impact Factor 2012= 3.779),
- 2) International Journal of Toxicology (Impact Factor 2012= 1.282),
- 3) Liver International (Impact Factor 2012= 3.824),
- 4) Environmental Toxicology and Pharmacology (Impact Factor 2012= 1.469),
- 5) Journal of Biochemical and Biophysical Methods (Impact Factor 2012= 1.808),
- 6) Journal of Pharmacy and Pharmacology, (Impact Factor 2012= 1.175),
- 7) Life Sciences (Impact Factor 2012= 2.527)
- 8) Turkish Journal of Zoology (Impact Factor 2012= 0.591),
- 9) Expert Opinion on Drug Metabolism and Toxicology (Impact Factor 2012= 3.119)
- 10) Food and Chemical Toxicology (Impact Factor 2012= 2.999)
- 11) Journal of Pharmaceutical and Biomedical Analysis (Impact Factor 2012= 2.967)
- 12) Neurotoxicity Research (Impact Factor 2012= 3.514)
- 13) Bioprocess and Biosystems Engineering (Impact Factor 2012= 1.809)

ACADEMIC AND SCIENTIFIC DISTINCTIONS:

- 1) **Academic recommendation from the council of North London Polytechnic** with the award ‘Licentiatehip of the London School of Polymer Technology, L.L.S.P.T’.
- 2) **Scholarship from the scientific committee of the conference** for presenting the research work: ‘Structure activity relationship studies on interaction of substituted benzaldehydes with molybdenum hydroxylases’ St. Andrews, Scotland, June 1992.
- 3) **Praise from the Greek Diabetes Society** and the 12th Greek Diabetes Conference (5th rated) for the research work: ‘The soluble ST2 is significantly increased in type-2 diabetics, especially in those with left ventricular dysfunction’, 20 March 2011, Athens.
- 4) **Second prize for the best research work from Medical Athens Society** and 37th Annual Greek Medical Conference for the research work ‘The role of soluble ST2 in type-2 diabetics with normal function of left ventricle’, 21 March 2011, Athens.
- 5) **Fourth prize from the Greek Diabetes Society** and the 13th Greek Diabetes Conference for the research work: Aggelidi A, Fousteris E, Melas N, Kamaratos A, Tzirogiannis K, Leukaditis K,

Sevdalis E, Botsios K, Panoutsopoulos G, Melidonis A. ‘Control resolution and calibration of machines for cardiovascular risk assessment in Greek diabetic population’, 27-31 March 2013, Athens Hilton Hotel, Athens.

6) **Third prize of Oral Presentation** from the Organizing and Scientific Committee in the 6th Panhellenic Conference of Cardiometabolic Risk Factors for the research work:

Routsi K, Koutsovitis P, Zyga S, Kolovos P, Ioannides A, Panoutsopoulos G, Tsironi M, Kougioumtzi-Dimoliani DE, Pistikou AM, Maggana M, Rohas-Hil AP. ‘Investigation of the effect of nutritional and environmental factors on the occurrence of childhood obesity’, 27-29 June 2013, Hotel Elite City Resort, Kalamata, Greece.

7) **First Prize** of best research work from the Organizing Committee in the 11th Multithematic Medical Congress of Lakonia for the research work:

Aroni A, Tsironi M, **Panoutsopoulos G**, Theofilou P, Rohas-Hil AP, Menemtsiadi D, Presvelos D, Zyga S. Self-assessment of pain and self-assessment of pain and association with quality of life in patients with CKD on dialysis. 11th Multithematic Medical Congress of Lakonia, Sparta 29-30 November 2013.

8) **Praise «G. Sainopoulos» from the Medical Society of Lakonia and the 12th Multithematic Medical Conference of Lakonia** for the research work:

Gitrakou S, Rohas Hil AP, Tsironi M, Papapetrou S, **Panoutsopoulos G**, Theofilou P, Zyga S. Fatigue-related quality of life of patients with rheumatoid arthritis and osteoarthritis. 12th Multithematic Medical Conference of Lakonia. Sparta, 5-6 December 2014.

9) **1st Prize for best research work from Medical Society of Lakonia and the 12th Multithematic Medical Conference of Lakonia.**

Tzirogiannis K, Zyga S, Tsironi M, **Panoutsopoulos G**. Effect of 5-HT₇ receptor blockade on liver regeneration after 60-70% partial hepatectomy. 12th Multithematic Medical Conference of Lakonia. Sparta, 5-6 December 2014.

10) **Honorary Mention from the 26th Panhellenic of Perioperative Nursing which was awarded to: Panoutsopoulos Georgios**, Papageorgiou Dimitrios, Stathoulis Ioannis, Malliarou Maria for the Clinical Workshop with title: «Electrosurgical devices and perioperative nurses: Safe use», 26th Panhellenic Conference of Perioperative Nursing (SYDNOX), Valis Resort, Volos. 24-27 September 2015.

11) **Prize for the Best Oral Presentation by the Greek Crisis Management Society in the Field of Health and the 3rd Panhellenic Conference on Crisis Management in the Field of Health** for the research work: Mitropoulos N, **Panoutsopoulos G**, Zyga S, Kalokairinou A. Addressing Mass Sports Accidents in Greece: The Lousios case. 3rd Panhellenic Conference on Crisis Management in the Health Sector. Athens, 13-15 November 2015.

12) **Prize for the Best Oral Presentation by the Greek Crisis Management Society in the Field of Health and the 4th Panhellenic Conference on Crisis Management in the Field of Health** for the research work: Mitropoulos N, **Panoutsopoulos G**, Zyga S, Kalokairinou A, Karagiorgou

Ekaterini. Effectiveness of Management by Health Professionals in mass disaster crises. Addressing Mass Sports Accidents in Greece: The Lousios case. 4th Panhellenic Conference on Crisis Management in the Health Sector. Athens, 3-5 February 2017.

13) **Prize for the Best Oral Presentation by the Greek Crisis Management Society in the Field of Health and the 5th Panhellenic Conference on Crisis Management in the Field of Health** for the research work: Mitropoulos N, Kalokairinou A, Zyga S, Karagiorgou Ekaterini, Mitropoulos Konstantinos **Panoutsopoulos G**. The role of training administrators in crises management. 5th Panhellenic Conference on Crisis Management in the Health Sector. Athens, 9-11 February 2018. Ο ρόλος της εκπαίδευσης των διαχειριστών στην διαχείριση των κρίσεων.

BOOK AUTHOR

1) Book author with title: «**ENGLISH TERMINOLOGY FOR HEALTH SCIENCES**» published by DISIGMA PUBLICATIONS in 2016. Contains 28 chapters and 562 pages. ISBN: 978-960-9495-93-6.

2) Book author with title: «**ENGLISH MEDICAL TERMINOLOGY FOR HEALTH SCIENCES**» published by DISIGMA PUBLICATIONS in 2018. Contains 45 chapters and 670 pages. ISBN: 978-618-5242-31-2.

3) Book author with title: «**LISTENING PRACTICE TESTS 1-8: TRANSCRIPT AND EXERCISES – ENGLISH MEDICAL TERMINOLOGY FOR HEALTH SCIENCES**» published by DISIGMA PUBLICATIONS in 2018. Contains 8 chapters and 95 pages. ISBN: 978-618-5242-38-1.

BOOK EDITOR

1) One of the book editors with title: «**Ganong’s Medical physiology**» published by Broken Hill Publishers LTD in 2014. ISBN: 978-960-489-250-1.

2) One of the 4 book editors with title “**Farmacology**” written by W. Renee Acosta and published by Dinitrios Lagos Publishers in 2016. ISBN: 978-960-7875-95-2.

3) One of the book editors with title: «**Human physiology**» written by Silverthorn Dee Unglaub published by Broken Hill Publishers LTD in 2018. ISBN: 9789925563470

INTERNATIONAL SCIENTIFIC PUBLICATIONS (PEER REVIEW) IN PUBMED:

1) Mason C, Padwick DJ, **Panoutsopoulos GI**, Pearson D, Smith JA. (1991) Effects of melatonin on the release and production of blood leukocytes after administration of a novel taurine based nitrosourea cytotoxic agent. *Acta Oncologica* **30** (6), 765-767. (Impact Factor 2014= 3.71)

- 2) Beedham C., Peet C.F., **Panoutsopoulos G.I.**, Carter H., Smith J.A. (1995) Role of aldehyde oxidase in biogenic amine metabolism. *Progress Brain Research* **106**, 345-353. (Impact Factor 2015= 5.103)
- 3) Tzirogiannis KN, **Panoutsopoulos GI**, Demonakou MD, Hereti RI, Alexandropoulou KN, Basayannis AC, Mykoniatis MG. (2003) Time-course of cadmium-induced acute hepatotoxicity in the rat liver: The role of apoptosis. *Archives of Toxicology* **77** (12), 694-701 (Impact Factor 2014= 5.078)
- 4) Tzirogiannis KN, **Panoutsopoulos GI**, Demonakou MD, Hereti RI, Kourentzi KT, Alexandropoulou KN, Mykoniatis MG. (2004) Effect of Hepatic Stimulator Substance (HSS) on cadmium-induced acute hepatotoxicity in the rat liver. *Digestive Diseases and Sciences* **49** (6), 1019-1028. (Impact Factor 2014= 2.55)
- 5) Tzirogiannis KN, **Panoutsopoulos GI** ✉, Demonakou MD, Hereti RI, Papadimas G, Alexandropoulou KN, Mykoniatis MG. (2004) The hepatoprotective effect of putrescine against cadmium-induced acute liver injury. *Archives of Toxicology* **78** (6), 321-329. (Impact Factor 2014= 5.078)
- 6) **Panoutsopoulos GI** ✉, Kouretas D, Gounaris EG, Beedham C. (2004) Metabolism of 2-phenylethylamine by precision-cut guinea pig liver slices. *European Journal of Drug Metabolism and Pharmacokinetics* **29** (2), 111-118 (Impact Factor 2014= 1.312)
- 7) **Panoutsopoulos GI** ✉, Beedham C. (2004) Kinetics and specificity of guinea pig liver aldehyde oxidase and bovine milk xanthine oxidase towards substituted benzaldehydes *Acta Biochimica Polonica* **51** (3), 649-663. (Impact Factor 2014= 1.389)
- 8) **Panoutsopoulos GI** ✉, Kouretas D, Beedham C. (2004) Contribution of aldehyde oxidase, xanthine oxidase and aldehyde dehydrogenase on the oxidation of aromatic aldehydes. *Chemical Research in Toxicology*, **17** (10), 1368-1376. (Impact Factor 2014= 4.19)
- 9) **Panoutsopoulos GI** ✉, Beedham C. (2004) Enzymatic oxidation of phthalazine with guinea pig liver aldehyde oxidase and liver slices: Inhibition by isovanillin. *Acta Biochimica Polonica*, **51** (4), 943-951. (Impact Factor 2014= 1.389)
- 10) Kondili VG, Tzirogiannis KN, Androutsos CD, Papadimas GK, Demonakou MD, Hereti RI, Manta GA, Kourentzi KT, Triantaphyllou MI, **Panoutsopoulos GI** ✉ (2005) The hepatoprotective effect of Hepatic Stimulator Substance (HSS) against liver regeneration arrest induced by acute ethanol intoxication. *Digestive Diseases and Sciences* **50**, 297-307. (Impact Factor 2014= 2.55)

- 11) **Panoutsopoulos GI** ✉, Kouretas D, Gounaris EG, Beedham C. (2004) Enzymatic oxidation of 2-phenylethylamine (2-PEA) to phenylacetic acid and 2-phenylethanol with special reference to the metabolism of its intermediate phenylacetaldehyde. *Basic & Clinical Pharmacology & Toxicology* **95** (6), 273-279. (Impact Factor 2014= 2.294)
- 12) **Panoutsopoulos GI** ✉, Beedham C. (2005) Enzymatic oxidation of vanillin, isovanillin and protocatechuic aldehyde with freshly prepared guinea pig liver slices. *Cellular Physiology and Biochemistry* **15**, 89-98. (Impact Factor 2014= 3.55)
- 13) **Panoutsopoulos GI** ✉. (2004) Metabolism of 2-phenylethylamine to phenylacetic acid, via phenylacetaldehyde, by freshly prepared and cryopreserved guinea pig liver slices. *In Vivo*, **18**, 779-786. (Impact Factor 2014= 1.148)
- 14) **Panoutsopoulos GI** ✉, Beedham C. (2005) Metabolism of isovanillin by aldehyde oxidase, xanthine oxidase, aldehyde dehydrogenase and liver slices. *Pharmacology*, **73** (4), 199-208. (Impact Factor 2014= 1.581)
- 15) **Panoutsopoulos GI** ✉. (2005) Metabolism of homovanillamine to homovanillic acid in guinea pig liver slices. *Cellular Physiology and Biochemistry* **15**, 225-232. (Impact Factor 2014= 3.55)
- 16) **Panoutsopoulos GI** ✉. (2005) Metabolism of 2-phenylacetaldehyde to phenylacetic acid by freshly prepared and cryopreserved guinea pig liver slices. *International Journal of Toxicology* **24**, 103-109. (Impact Factor 2014= 1.346)
- 17) Tzirogiannis KN, Papadimas GK, Kourenzi KT, Kondyli VG, Androutsos CD, Hereti RI, Triantaphyllou MI, **Panoutsopoulos GI** ✉. (2005) The role of hepatic stimulator substance (HSS) on liver regeneration arrest induced by cadmium. *In Vivo*, **19** (4), 695-704. (Impact Factor 2014= 1.148)
- 18) Tzirogiannis KN, **Panoutsopoulos GI** ✉, Papadimas GK, Demonakou MD, Kourenzi KT, Kondyli VG, Hereti RI, Mykoniatis MG. (2005) The effect of Hepatic Stimulator Substance (HSS) on liver regeneration arrest induced by 5-HT₂ receptor blockade. *In Vivo*, **19** (5), 841-847. (Impact Factor 2014= 1.148)
- 19) **Panoutsopoulos GI** ✉. (2005) Contribution of aldehyde oxidizing enzymes on the metabolism of 3,4-dimethoxy-2-phenylethylamine to 3,4-dimethoxyphenylacetic acid, via the intermediate 3,4-dimethoxyphenylacetaldehyde guinea pig liver slices. *Cellular Physiology and Biochemistry*, **17**, 47-56. (Impact Factor 2014= 3.55)

- 20) Papadimas GK, Tzirogiannis KN, **Panoutsopoulos GI**, Demonakou MD, Skaltsas SD, Hereti RI, Papadopoulou-Daifoti Z, Mykoniatis MG. (2006) The effect of serotonin receptor 2 on liver regeneration after partial hepatectomy in the rat liver. *Liver International*, **26**, 352-361. (Impact Factor 2015= 4.412)
- 21) Veskoukis AS, Kouretas D, **Panoutsopoulos GI** ✉. (2006) Substrate specificity of guinea pig liver aldehyde oxidase and bovine milk xanthine oxidase for methyl- and nitro-benzaldehydes. *European Journal of Drug Metabolism and Pharmacokinetics*, **31**, 11-16. (Impact Factor 2014= 1.312)
- 22) Tzirogiannis KN, Papadimas GK, Kondyli VG, Kourentzi KT, Demonakou MD, Kyriakou LG, Mykoniatis MG, Hereti RI, **Panoutsopoulos GI** ✉. (2006) Peliosis hepatis: microscopic and macroscopic type, time pattern and correlation with liver cell apoptosis in a model of toxic liver injury. *Digestive Diseases and Sciences*. **51** (11), 1998-2006. (Impact Factor 2014= 2.55)
- 23) Tzirogiannis KN, Demonakou MD, Papadimas GK, Skaltsas SD, Manta GA, Kourentzi KT, Alexandropoulou KN, Hereti RI, Mykoniatis MG, **Panoutsopoulos GI** ✉. (2007) Effect of 5-HT₂ receptor blockade on cadmium-induced acute toxicity. *Digestive Diseases and Sciences*, **52** (9), 2351-2358. (Impact Factor 2014= 2.55)
- 24) Pavlidis C*, **Panoutsopoulos GI***, Tiniakos D, Koutsounas S, Vlachogiannakos J, Zouboulis-Vafiadis I. (2011) Serum leptin and ghrelin in chronic hepatitis C patients with steatosis. *World Journal of Gastroenterology*. **17** (46), 5097-5104. (Impact Factor 2014= 2.433)
- *Pavlidis C και Panoutsopoulos GI had the same contribution in the paper.
- 25) Fousteris E, Melidonis A, **Panoutsopoulos G**, Tzirogiannis K, Foussas S, Theodosis-Georgilas A, Tzerefos S, Matsagos S, Boutati E, Economopoulos T, Dimitriadis G, Raptis S. (2011) Toll/interleukin-1 receptor member ST2 exhibits higher soluble levels in type 2 diabetes, especially when accompanied with left ventricular diastolic dysfunction. *Cardiovascular Diabetology*. 10:101 (pages 1-7). (Impact Factor 2014= 3.706)
- 26) Papadimas GK, Tzirogiannis KN, Mykoniatis MG, Grypioti AD, Manta GA, **Panoutsopoulos GI**. (2012) The emerging role of serotonin in liver regeneration. *Swiss Medical Weekly*. 142:w13548 (pages 1-6), review. (Impact Factor 2014= 1.877)
- 27) Kamaratos AV, Tzirogiannis KN, Iraklianiou SA, **Panoutsopoulos GI** ✉, Kanellos IE, Melidonis AI. (2012) Manuka honey-impregnated dressings in the treatment of neuropathic diabetic foot ulcers. *International Wound Journal*. Pages 1-7. (Impact Factor 2014= 2.023)

- 28) Protopsaltis I, Foussas S, Angelidi A, Gritzapis A, Sergentannis TN, Mastagos S, Tzirogiannis K, **Panoutsopoulos GI**, Dimitriadis G, Raptis S, Melidonis A. (2012) Impact of ADMA, endothelial cardiovascular risk factors on pulse wave velocity among prediabetic individuals. *Cardiovascular Diabetology*. 11: 141. (Impact Factor 2014= 3.706)
- 29) Kyriakou LG, Tzirogiannis KN, Demonakou MD, Kourentzi KT, Mykoniatis MG, **Panoutsopoulos GI** ☒. (2013) Gadolinium chloride pretreatment ameliorates acute cadmium-induced hepatotoxicity. *Toxicology and Industrial Health*. 29(7): 624-632. (Impact Factor 2014= 1.71)
- 30) Dragoumanos V, Tzirogiannis KN, **Panoutsopoulos GI** ☒, Krikonis K, Fousteris E, Vourvou M, Elesnitsalis G, Melas N, Kourentzi KT, Melidonis A. (2013) Evaluation of IScore validity in a Greek cohort of patients with type-2 diabetes. *BMC Neurology*. 13(1):121. (Impact Factor 2014= 2.486)
- 31) Tzirogiannis KN, Kourentzi KT, Zyga S, Papalimneou V, Tsironi M, Grypioti AD, Protopsaltis I, Panidis D, **Panoutsopoulos GI** ☒. (2014) Effect of 5-HT₇ receptor blockade on liver regeneration after 60-70% partial hepatectomy. *BMC Gastroenterology*. 14 (1): 201 (Impact Factor 2014= 2.113)
- 32) Matsota P, Angelidi M, Pandazi A, Tzirogiannis KN, **Panoutsopoulos GI**, Kostopanagioutou G. (2015) Ondansetron - droperidol combination vs ondansetron or droperidol monotherapy in the prevention of postoperative nausea and vomiting. *Archives of Medical Science*. 11(2): 362-370. (Impact Factor 2014= 1.890)
- 33) Zyga S, Alikari V, Sachlas A, Stathoulis J, Aroni A, Theofilou P, **Panoutsopoulos G**. (2015) Management of pain and quality of life in patients with chronic kidney disease undergoing hemodialysis. *Pain Management Nursing*. 16(5): 712-720. (Impact Factor 2014= 1.787)
- 34) Fradelos EC, Tzavella F, Koukia E, Papathanasiou I, Alikari V, Stathoulis J, **Panoutsopoulos G**, Zyga S. (2015) Intergrating chronic kidney disease patient's spirituality in their care: Health benefits and research perspectives. *Mater Sociomed*. 27(5): 354-358.
- 35) Zyga S, Alikari V, Sachlas A, Fradelos EC, Stathoulis J, **Panoutsopoulos G**, Georgopoulou M, Theophilou P, Lavdaniti M. (2015) Assessment of fatigue in end stage renal disease patients undergoing hemodialysis: Prevalence and associated factors. *Medical Archives*. 69(6): 376-380.

- 36) Zyga S, Mitrousi S, Alikari V, Sahlas A, Stathoulis J, Fradelos E, Panoutsopoulos G, Lavdaniti M. (2016) Assessing factors that affect coping strategies among nursing personnel. *Mater Sociomed*, 28 (2): 146-150.
- 37) Filippatos G, Andriopoulos P, **Panoutsopoulos G**, Zyga S, Souliotis K, Gennimata V, Tsironi M. (2016) The quality of death certification practice in Greece. *Hippokratia*, 20 (1): 19-25. (Impact Factor 2015= 0.56)
- 38) Stathoulis J, Tsironi M, Konofaos N, Zyga S, Alikari V, Fradelos EC, Bakola H, **Panoutsopoulos G**. Evaluation of pulse oximetry knowledge of Greek registered nurses. P Blamos (ed) GeNeDis 2016, 2017 *Advances in Experimental Medicine and Biology*, 988, 89-96. (Impact Factor 2015= 1.953).
- 39) Stathoulis J, Tsironi M, Konofaos N, Zyga S, Michopoulos A, Bakola H, **Panoutsopoulos G**. Safe use of Defibrillators: A case study in Greek registered nurses. P Blamos (ed) GeNeDis 2016, 2017 *Advances in Experimental Medicine and Biology*, 989, 285-289. (Impact Factor 2015= 1.953).
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Order of the author

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3rd Author	6 Δημοσιεύσεις
Other position	7 Δημοσιεύσεις
Last Author	18 Δημοσιεύσεις
Corresponding Author ✉	22 Δημοσιεύσεις

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INVITED SPEAKER IN GREEK CONFERENCES: 12

COMMITTEE MEMBER IN INTERNATIONAL AND GREEK CONFERENCES: 5

COORDINATOR OF ROUND TABLES AND CLINICAL WORKSHOPS AT CONFERENCES: 10

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